## **School Lunch Menu Septmeber 2022**

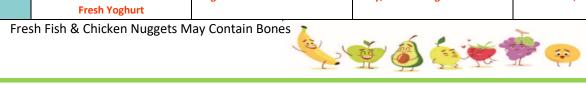


	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1				Roast Breast of Chicken <b>Or</b> Roast Pork	Oven Baked Sausage Or Peppered Chicken
29.09 2022				Traditional Stuffing Fresh Diced Carrots, Broccoli Florets Oven Roast Potato Mashed Potato, Gravy Rice Krispie Square, Fruit or Yoghurt	Garden Peas Tossed Salad Baked Beans Mashed Potato Chips Ice Cream Tub & Fruit Pieces
WEEK 2	Homemade Margherita Pizza Ham & Cheese Pizza <b>Or</b> Chicken Panini	Breast of Chicken Curry with Boiled Rice & Naan Bread <b>Or</b> Steak Burger	Spaghetti Bolognese Or Fresh Breaded Fish Goujons Baked Beans	Roast Breast of Chicken Or Chicken Crumble Traditional Stuffing	Chicken Nuggets Or Beef Lasagne Sweetcorn
05.09 2022	Garden Peas Tossed Salad Herb Diced Potato Flakemeal biscuit / water melon slice	Broccoli Florets Carrots Mashed Potato, Gravy Muffin, Fruit or Yoghurt	Sweetcorn / Garden Peas Mashed Potato  Jelly Pot, Fruit or Yoghurt	Fresh Diced Carrots / Parsnip Oven Roast Potato Mashed Potato, Gravy Cookie, Fruit or Yoghurt	Salad Selection Mashed Potato Chips Frozen Yoghurt & Fruit Pieces
WEEK	Oven Baked Breaded Fish Fingers <b>Or</b> Savoury Mince	Breast of Chicken Curry & Boiled Rice & Naan Bread Or Chicken Panini / Wrap	Homemade Breaded Chicken Goujons & Dip Or Cottage Pie	Roast Gammon <b>Or</b> Chicken & Pasta Bake	Oven Baked Sausages Or Macaroni Cheese
12.09 2022	Carrots Garden Peas Mashed Potato Fresh Fruit or Fresh Yoghurt	Sweetcorn Broccoli Florets Herb Diced Potato  Jelly Pot, Fruit or Yoghurt	Salad Selection Baked Beans, Diced Turnip Mashed Potato, Gravy Flakemeal Biscuit, Fruit or Yoghurt	Traditional Stuffing Fresh Baton Carrots Cauliflower Florets, Mashed Potato, Oven Roast Potato Gravy Ginger Biscuit, Fruit or Yoghurt	Garden Peas Coleslaw Baked Potato Chips Ice Cream & Fruit Pieces
WEEK 4	Steak Burger Or Stuffed Bacon Roll Baked Beans	Pasta Bolognaise <b>Or</b> Fresh Breaded Fish Goujons Fresh Baton Carrot	Breast of Chicken Curry with Boiled Rice & Naan Bread <b>Or</b> Oven Baked Sausage	Roast Breast of Chicken Or Salmon fishcake  Traditional Stuffing	Homemade Margherita Pizza Or Marinated Chicken & Vegetable Stir-Fry
19.09. 2022	Sweetcorn Broccoli Florets Mashed Potato, Gravy	Garden Peas Herb Diced Potato Parsley Sauce Flakemeal Biscuit, Fruit or	Garden Peas Diced Carrots Mashed Potato, Gravy	Broccoli Floret Tossed Green Salad Oven Roast Potatoes Mashed Potato, Gravy	Noodles Sweetcorn, Salad Selection Chips
	Fresh Fruit or Fresh Yoghurt	Yoghurt	Jelly, Fruit or Yoghurt	Shortbread, Fruit or Yoghurt	Ice Cream & Fruit Pieces

Breads Milk, Water Fresh Fruit, Yoghurt Available Daily

Rice, Pasta, **Noodles, Potatoes** and Gravy can be Served Daily

If You Require **Any Additional** Information on Allergens or **Special Diets** Please Contact the School to complete a **Special Diets Application Form** 



Menu choices subject to deliveries