

LISSAN PRIMARY School Lunch Menu APRIL 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1					
WEEK 2 12.04	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate Muffin or Yoghurt & Fruit	Steak Burger Gravy French Green beans Fresh Diced Turnip Mashed Potato Vanilla Cookie or Yoghurt & Fruit	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato Cheese, Crackers & Grapes	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Crispy Oven Roast Potatoes Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Hotdog, Sauté Onions Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips Home Baked Oven Wedges Ice Cream Pot or Yoghurt & Fruit
WEEK3 19.04	Cooks Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Selection of Salads Mashed Potato Chocolate Cookie or Yoghurt & Fruit	Irish Stew Homemade Wheaten Bread Gravy Sweetcorn Broccoli Florets Mashed Potato Shortbread Biscuit or Yoghurt & Fruit	Roast Topside of Beef Herb Stuffing, Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Crispy Oven Roast Potatoes Mashed Potato Fruit Muffin or Yoghurt & Fruit	Fresh Breaded Cod Fillet Lemon Slice and Tartar Sauce Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit	Homemade Marguerita Pizza Sweetcorn Crunchy Coleslaw Tossed salad Beetroot Salad Traditional Champ Chips Ice Cream Pot or Yoghurt & Fruit
WEEK 4 26.04	Oven Baked Sausages Baked Beans Fresh Diced Turnip Tossed Salads Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Oven Baked Homemade Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Crispy Oven Roast Potatoes Mashed Potato Cheese, Crackers & Grapes	Homemade Cottage Pie Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato Chocolate Muffin Or Yoghurt & Fruit	Homemade Marguerita Pizza Or Salmon Salad baguette Sweetcorn, Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Ice Cream Pot or Yoghurt & Fruit

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

