

# Irish FA School Sports Programme

## Covid-19 Protocols



## Foundation

Staff will follow Irish FA protocols outlined below. However, in any cases where there is a contradiction with the school's protocols, staff will adhere to the school's protocols.

### Initial changes to be made

- School contracts and sign-in sheets moved to a digital format and sent via email.
- Timetable planned with 15 minutes break between each session. This is to allow time for entry/exit to hall/playground and to reduce the chance of large group gatherings in school corridors. This will also allow time for Irish FA coach to sanitise equipment.
- Irish FA staff will work in only one school per day. This will reduce our number of contacts.

### Equipment

- Sessions will be planned to use the minimum amount of equipment possible. Any equipment used will be sanitised before and after use.
- Contact with equipment by children will be kept to a minimum.
- If coaches use bibs, they will be bagged immediately after each single use to ensure they are not shared amongst children. There will be separate bibs for each class.

### School Hall

- Doors to be propped open to reduce touchpoints on entry/exit.
- Windows to be opened to promote air circulation.
- One-way entry/exit if possible.
- Hand sanitiser stations to be positioned at entry and exit point to hall.

### Outside/Playground

- Whenever possible sessions will be outdoors as this will greatly reduce any potential spread of Covid-19.
- Coaches will follow social distancing measures and sanitising procedures.

### PE Sessions

- Coaches will work with group sizes determined by the school.
- If a child is feeling unwell or displaying any symptoms, they are not to take part in the session.
- Children, teachers, and coaches must sanitise hands before and after sessions.
- Children will be spaced out during all stationary moments of session.
- Coaches will have designed their sessions to have the least amount of gathering and contact possible.
- If a child is injured, the coach should assess the situation from 2m distance allowing the player to self-treat when possible.
- Irish FA Staff would encourage water bottles to be left in the classroom and not brought to sessions. If children are bringing them, they should be clearly labelled.
- If a child starts to feel unwell during a session, they should immediately inform the teacher and/or coach and then be removed from the session.

### Irish FA Coaches will:

- Be up to date with the latest Covid-19 guidelines and follow them to the letter.
- Monitor their own health strictly.
- Maintain good practice throughout each session.
- Adhere to school policies on Covid-19

**LET THEM  
PLAY**

